Improving Clinical trials with Machine Learning: Discovering Governing Equations in Medicine & Beyond

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Engagement sessions: Inspiration Exchange

Online engagement sessions for ML researchers in healthcare; themed presentations & Q&A



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Discovery

Most of the ML community: Drug discovery

Our focus: Improving clinical trials with ML





Problem addressed: Clinical trials - difficult, expensive and ripe for disruption

Situation today

Typical size of Phase II/III RCT: 100-1000s of patients

- of which up to half are controls
- and of which ~20% will drop out¹

Typical all-in cost per patient: >\$40,000²

Typical cost per trial: \$4-40M+

Most are in the \$12-33M range²

Typical time per trial: 1-2 years

- of which as much as 30% is recruitment
- to which recruitment drives delays in >80% of trials³

Average PoS per Phase II/III trial: 50-60%⁴

Total Phase II/III trials commenced per year: ~>1,800⁵

Of which around half are in oncology

Opportunity

Fundamentally, the way we run clinical trials has not changed in decades despite major tech advances

What if we could innovate, for example, to:

- Reduce required patient numbers by 20% through replacing controls and preventing drop-outs
- Reduce cost-per-patient by 20% through improved recruitment, monitoring and operations
- Improve PoS through better recruitment, prediction, trial design and analytics?

Cost saving per trial: ~\$4-12M (for most)

Yielding an annual market opportunity: \$7-22Bn+

of which the innovator(s) could capture an appreciable fraction

Plus months' time saving per trial and upside on PoS

Challenges are felt throughout the clinical development journey

Stage 1	Stage 2	Stage 3	Stage 4	
Planning	Conduct	Analysis	Commercialization	
Determining endpoints	Determining dosage	Predicting personalized response	Refining guidelines (timing, dosage, etc.)	
Incorporating observational data	Discovering drug combinations	Subpopulation analysis	Indication expansion	
Incorporating pre-clinical data	Identifying "good" subpopulations	Time-to-event analysis	Effect and impact on comorbidity	
Incorporating cross-trial results	Recruiting "right" patients	Competing risk analysis	Modeling disease progression	
Optimal design of trials	Retaining recruited patients	Combining models (e.g. PKPD)	Rapid deployment	
Augmenting pre-clinical/cross-trial data	Streamlining data sharing (internal/external, e.g. contractors)	Anonymizing results for reporting	Facilitating RWD access and analysis	



Many are perceived as poorly addressed today

ML and related techniques can address many of them

Stage 1	Stage 2	Stage 3	Stage 4		
Planning	Conduct	Analysis	Commercialization		
Causal ML	Reinforcement Learning	Treatment Effect Estimation			
Determining endpoints	/Multi-Armed Bandits	Predicting personalized response	Refining guidelines (timing, dosage, etc.)		
Transfer Learning	Determining dosage	Subpopulation analysis	Indication expansion		
Incorporating observational data	Discovering drug combinations	Time Series Analysis			
Incorporating pre-clinical data	Identifying "good" subpopulations	Time-to-event analysis	Effect and impact on comorbidity		
Incorporating cross-trial results	Recruiting "right" patients	Competing risk analysis	Modeling disease progression		
Optimal Design	Inverse Reinforcement Learning	Few-Shot Learning			
Optimal design of trials	Retaining recruited patients	Combining models (e.g. PKPD)	Rapid deployment		
Synthetic Data					
Augmenting pre-clinical/cross-trial data	Streamlining data sharing (internal/external, e.g. contractors)	Anonymizing results for reporting	Facilitating RWD access and analysis		

Some of our ML work to date

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Revolutionizing clinical trials using machine learning

Comprehensive 'Big Idea' piece on clinical trials and the potential impact of ML/AI.

Explores key challenges of clinical trials and explaining the opportunities ML brings to the table.

vanderschaar-lab.com/ → Big ideas → Revolutionizing Clinical Trials using Machine Learning



practice of evidence-based medicine [1]. However, increasing complexity of regulations and protocols mean they are both expensive and difficult to run: they cost upwards of \$33M and take years to produce results [2,3]. Restrictive inclusion criteria also mean that half of clinical trials exclude more than 75% of patients they aim to treat [4]. Yet RCTs remain the foundation of modern medicine and more than 1,800 trials are commenced every year.

Although novel approaches to clinical trial design have emerged [5]—like decentralized trials, e-consent, and various flavors of adaptive designs—conventional RCTs have remained the dominant approach despite their acknowledged flaws. This situation presents a huge opportunity for innovation. Given the scale at which clinical trials are operated, even small improvements to how clinical trials are run could have tremendous impact on healthcare.

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Revolutionizing Healthcare – Next-generation clinical trials



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Precision Dosing using ML

Clinical Pharmacology & Therapeutics





TUTORIAL

From Real-World Patient Data to Individualized Treatment Effects Using Machine Learning: Current and Future Methods to Address Underlying Challenges

Ioana Bica^{1,2,*}, Ahmed M. Alaa³, Craig Lambert⁴ and Mihaela van der Schaar^{2,3,5}

Clinical decision making needs to be supported by evidence that treatments are beneficial to individual patients. Although randomized control trials (RCTs) are the gold standard for testing and introducing new drugs, due to the focus on specific questions with respect to establishing efficacy and safety vs. standard treatment, they do not provide a full characterization of the heterogeneity in the final intended treatment population. Conversely, real-world



Discovery

Focus today: Discovery of governing equations using ML – the science of medicine

- Impact physiology (e.g. tumor growth)
- Impact pharmacology (e.g. precision dosing)
- Etc.





We need to go beyond causal structure

Causal models – structure + structural equations Most research today: focus on structure







The "Discovery" Ladder





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Discover closed-form governing equations from data

Closed-form equation are:

- Conscise
- Transparent
- Interpretable to human experts
- Amenable to further analysis (e.g., identifying stable equilibira)







Discovery of governing equations using ML

	Explicit function	Implicit function	Ordinary differential equation	Partial differential equation
Typical form	y = f(x)	f(x,y)=c	$\frac{dx}{dt} = f(x,t)$	$\frac{\partial u}{\partial t} = f(u, x)$





Discovery of risk equations using ML





• if ER+

 $H_c(t) = \exp[0.7424402 - 7.527762/\sqrt{t} - 1.812513 * \log(t)/\sqrt{t}]$

• if ER-

 $H_c(t) = \exp[-1.156036 + 0.4707332/t^2 - 3.51355/t].$



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Turning black boxes into white boxes using symbolic metamodels [Alaa & vdS, NeurIPS 2019] [Crabbe, Zhang, vdS, NeurIPS 2020]



Metamodels

Operates on a trained machine learning model and outputs a symbolic formula describing the model's prediction surface





Discovery of governing equations using ML



Discover closed-form ordinary differential equations (ODEs) from observed trajectories - *D-CODE*



Unique challenges in discovering ODEs

- 1. The time derivative is not observed
 - Only observe the states over time
 - Conventional *symbolic regression* methods are not applicable
- 2. It is difficult to estimate the time derivative
 - States are observed sporadically with noise
 - Naïve two-step symbolic regression is likely to fail
- 3. Difficulty in directly solving the initial value problem of ODE
 - The true initial condition is unknown & difficult to infer
 - Sensitive to initial condition
 - Computationally challenging





Problem formulation







D-CODE: Discovering Closed-Form ODEs [Qian, Kacprzyk, vdS, ICLR 2022]

Variational formulation of ordinary differential equations

$$\dot{x}_j(t) = f_j(\boldsymbol{x}(t)), \ \forall j = 1, \dots, J, \ \forall t \in [0, T]$$
(1)

Characterize an ODE without referring to the derivative!





Variational formulation of ordinary differential equations

$$\dot{x}_j(t) = f_j(\boldsymbol{x}(t)), \ \forall j = 1, \dots, J, \ \forall t \in [0, T]$$
(1)

Definition 1. Consider $J \in \mathbb{N}^+$, $T \in \mathbb{R}^+$, continuous functions $\boldsymbol{x} : [0, T] \to \mathbb{R}^J$, $f : \mathbb{R}^J \to \mathbb{R}$, and $g \in \mathcal{C}^1[0, T]$, where \mathcal{C}^1 is the set of continuously differentiable functions. We define the functionals

$$C_j(f, \boldsymbol{x}, g) := \int_0^T f(\boldsymbol{x}(t))g(t)dt + \int_0^T x_j(t)\dot{g}(t)dt; \quad \forall j \in \{1, 2, \dots, J\}$$

function ftrajectory $\boldsymbol{\varkappa}$ testing function g





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Proposition 1. (*Hackbusch, 2017*) Consider $J \in \mathbb{N}^+$, $T \in \mathbb{R}^+$, a continuously differentiable function $x : [0,T] \to \mathbb{R}^J$, and continuous functions $f_j : \mathbb{R}^J \to \mathbb{R}$ for $j = 1, \ldots, J$. Then x is the solution to the system of ODEs in Equation 1 if and only if

$$C_j(f_j, \boldsymbol{x}, g) = 0, \ \forall j \in \{1, \dots, J\}, \ \forall g \in \mathcal{C}^1[0, T], \ g(0) = g(T) = 0$$

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Variational formulation of ordinary differential equations

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D-CODE: theory

$$d_{\boldsymbol{x}}(f, f^*) := ||f \circ \boldsymbol{x} - f^* \circ \boldsymbol{x}||_2 = ||(f - f^*) \circ \boldsymbol{x}||_2$$

Theorem 1. Consider $J \in \mathbb{N}^+$, $j \in \{1, \ldots, J\}$, $T \in \mathbb{R}^+$. Let $f^* : \mathbb{R}^J \to \mathbb{R}$ be a continuous function, and let $\boldsymbol{x} : [0,T] \to \mathbb{R}^J$ be a continuously differentiable function satisfying $\dot{x}_j(t) = f^*(\boldsymbol{x}(t))$. Consider a sequence of functions $(\hat{\boldsymbol{x}}_k)$, where $\hat{\boldsymbol{x}}_k : [0,T] \to \mathbb{R}^J$ is a continuously differentiable function. If $(\hat{\boldsymbol{x}}_k)$ converges to \boldsymbol{x} in L^2 norm. Then for any Lipschitz continuous function f

$$\lim_{S \to \infty} \lim_{k \to \infty} \sum_{s=1}^{S} C_j(f, \widehat{\boldsymbol{x}}_k, g_s)^2 = d_{\boldsymbol{x}}(f, f^*)^2, \tag{7}$$

where $\{g_1, g_2, ...\}$ is a Hilbert (orthonormal) basis for $L^2[0, T]$ such that $\forall i, g_i(0) = g_i(T) = 0$ and $g_i \in C^1[0, T]$.





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Natural choice $g_s(t) = \sqrt{2/T} \sin(s\pi t/T)$





D-CODE: algorithm

Preprocessing

Optimization





D-CODE: algorithm



Denoise & Interpolate

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D-CODE: algorithm



We estimate trajectories, <u>not</u> derivatives!



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Optimization
D-CODE: algorithm



Optimization

$$C_j(f, \boldsymbol{x}, g) := \int_0^T f(\boldsymbol{x}(t))g(t)dt + \int_0^T x_j(t)\dot{g}(t)dt$$
$$\widehat{f}_j = \operatorname*{arg\,min}_f \sum_{i=1}^N \sum_{s=1}^S C_j(f, \widehat{\boldsymbol{x}}_i, g_s)^2$$

System of J ODEs





D-CODE: algorithm



Symbolic regression



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D-CODE: experiments

Dynamical systems:

- Gompertz model
- Generalized logistic model
- Glycolytic oscillator
- Lorenz system

Benchmarks:

Two-step symbolic regression with

- a) total variation regularized differentiation (SR-T)
- b) spline-smoothed differentiation (SR-S)
- c) Gaussian process smoothed differentiation (SR-G)





D-CODE: Experiments

 $\dot{x}(t) = -\theta_1 x(t) \cdot \log \left(\theta_2 x(t)\right)$ $\dot{x}(t) = \theta_1 x(t) \cdot \left(1 - x(t)^{\theta_2}\right)$

Gompertz Model Generalized Logistic Model

asymmetric growth with saturation







D-CODE: Experiments

Chaotic Lorenz system. The Lorenz system is a model system for chaotic dynamics, defined as: $\dot{x}_1(t) = \theta_1 (x_2(t) - x_1(t)); \quad \dot{x}_2(t) = x_1(t) (\theta_2 - x_3(t)) - x_2(t); \quad \dot{x}_3(t) = x_1(t) x_2(t) - \theta_3 x_3(t)$







D-CODE in action

Discover temporal effects of chemotherapy on tumor volume



Dataset: 8 clinical trials on cancer patients





D-CODE in action

Discover temporal effects of chemotherapy on tumor volume



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The following two ODEs are discovered by D-CODE and SR-T.

$$\dot{x}(t) = 4.48t^2 x(t) + \log(t); \quad \text{D-CODE}$$

$$\dot{x}(t) = 4x(t) \log(tx(t)) \log(tx(t) + 2t); \quad \text{SR-T}$$



Discovery of governing equations using ML



Problem solved?

Simple ODEs – Expert models

e.g. discovered by ML (D-CODE)

e.g. human-discovered equations - pharmacological models, physiological model etc.

Remaining challenges:

- Complex dynamics and high dimensionality
- Partially observable
- Incorrect
- Incomplete





We proposed ML-enabled Discovery Framework







Impact: repurposing dexamethasone for COVID-19

- Dexamethasone: the first approved drug for COVID-19 treatment in the UK
- Well-documented immunosuppressive effect: Previously used for severe allergies, asthma, COPD
- Repurposing to COVID-19: a precision dosing problem
 - Average treatment effect of 6mg flat rate is verified by clinical trials
 - But the clinical practice is much more complex...



Bridge the gap between research lab and clinic

- Observable clinical variables
- PKPD models: well-studied in the lab
- Expert variables: not easily or routinely measured in the clinic

How to use these PKPD models to empower clinicians?







ML solution

Integrating Expert ODEs into Neural ODEs: Pharmacology and Disease Progression [Qian, Zame, Fleuren, Elbers, vdS, NeurIPS 2021]





Proposed solution: Latent Hybridization Model (LHM)









LHM – advantages

- expert variables and model provide additional insights to users (clinicians)
- provides links between the expert variables and the real-world (clinical) measurements
- underlying model significantly improves sample efficiency







• LHM

- Expert model
- Latent variables learned by ML
- Observational time-series data

 $\begin{aligned} \dot{\mathbf{z}}^{e}(t) &= f^{e}(\mathbf{z}^{e}(t), \mathbf{a}(t); \theta^{e}) \\ \dot{\mathbf{z}}^{m}(t) &= f^{m}(\mathbf{z}^{m}(t), \mathbf{z}^{e}(t), \mathbf{a}(t); \theta^{m}) \\ \mathbf{x}(t) &= g(\mathbf{z}^{e}(t), \mathbf{z}^{m}(t), \mathbf{a}(t); \gamma) \end{aligned}$





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In LHM, we use observational data to learn

- the evolution of the unobservable latent variables





• LHM

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In LHM, we use observational data to learn

- the relationship between measurements and all latent variables





• LHM

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Learn from data: Unknown coefficients Estimate from data:

- Initial state of the patient zi(0)
- Variation in initial states reflects heterogeneity of patient population





LHM: Learning procedure



Amortized Variational Inference





Use LHM to provide clinical decision support

Our case study: use of dexamethasone for COVID-19 patients in the ICU









Use LHM to provide clinical decision support

Table 1: Prediction accuracy (RMSE) on COVID-19 intensive care data under different training sample sizes N. Prediction horizon H = 24 hours. The standard deviations are shown in the brackets.

Method $\setminus N_0$	100	250	500	1000
Expert	0.718 (0.71)	0.704 (0.02)	0.702 (0.02)	0.713 (0.01)
Residual	0.958 (0.63)	1.003 (0.03)	0.717 (0.05)	0.635 (0.04)
Ensemble	0.707 (0.60)	0.657 (0.05)	0.628 (0.05)	0.599 (0.05)
NODE	0.662 (0.65)	0.659 (0.02)	0.644 (0.05)	0.650 (0.04)
ODE2VAE	0.674 (0.62)	0.666 (0.02)	0.643 (0.02)	0.619 (0.02)
GRU-ODE	0.722 (0.60)	0.673 (0.05)	0.623 (0.05)	0.601 (0.05)
Time LSTM	0.706 (0.63)	0.649 (0.03)	0.600 (0.03)	0.631 (0.02)
LHM	0.633 (0.51)	0.605 (0.02)	0.529 (0.02)	0.511 (0.02)





Problem solved?

ODEs (Neural ODEs) are fundamentally inadequate to model systems with more general temporal dynamics such as long-range dependencies or discontinuities

In medicine/science, there are many types of differential equations (DEs)

E.g. Delay Differential Equation (DDE) and Integro-Differential Equation (IDE) – a natural way of capturing the impact of history







- ODE: PK/PD (pharmacokinetic/pharmacodynamic) models (Koch et al., 2014).
- DDE: Delayed PK/PD models (Koch et al., 2014), Cardiac Tissue models (Moreira Gomes et al., 2019).
- IDE: Epidemic models (El-Doma et al., 1987).
- Forced ODE: Forced oscillation in bio-engineering (Oostveen et al., 2003).
- Stiff ODE: Healthcare analytics (Rackauckas et al., 2022).

Clinical DE examples



A unified approach to capture many types of DE

Neural Laplace: models broad range of DEs in Laplace domain [Holt, Qian, vdS, ICML 2022]

Does not require the user to specify the class of DE a priori Appropriate class of DE determined implicitly, in a data-driven way. Significantly extends flexibility and modeling capabilities of Neural ODEs





Other ways to hybridize/combine expert-models?





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Synthetic Model Combination



A. Chan, vdS, "Synthetic Model Combination: An Instance-wise Approach to Unsupervised Ensemble Learning", NeurIPS 2022

- Novel representation learning for handling sparse high-dimensional domains
- Uses ideas from synthetic control





Synthetic Model Combination



- A. Chan, R. Peck, M. Gibbs, vdS, "Synthetic Model Combination: A new machine learning method for pharmacometrics ensembling", Clinical Pharmacology 2023
- Demonstrated use for precision dosing of Vancomycin





Summary: We proposed ML-enabled Discovery Framework







Summary: We proposed ML-enabled Discovery Framework







Machine learning for clinical trials

Step 1	Step 2	Step 3	Step 4		
Planning	Conduct	Analysis	Clinical-Use		
Causal ML	Reinforcement Learning	Treatment Effect Estimation			
Determining endpoints	/Multi-Armed Bandits	Predicting personalized response	Refining guidelines (timing, dosage, etc.)		
Transfer Learning	Determining dosage	Subpopulation analysis	Indication expansion		
Incorporating observational data	Discovering drug combinations	Time Series Analysis			
Incorporating pre-clinical data	Identifying "good" subpopulations	Time-to-event analysis	Effect and impact on comorbidity		
Incorporating cross-trial results	Recruiting the "right" patients	Competing risk analysis	Modeling disease progression		
Optimal Design	Inverse Reinforcement Learning	Few-Shot Learning			
Optimal design of trials	Retaining recruited patients	Combining models (e.g. PKPD)	Rapid deployment		
Synthetic Data					
Augmenting pre-clinical/cross-trial data	Streamlining data sharing (internal/external, e.g. contractors)	Anonymizing results for reporting	Facilitating RWD access and analysis		

Randomized controlled trials

- Gold standard for showing efficacy
- Problem: Hard to adapt their design
 Usually targets only one population

Motivating Scenario

- Treatment is effective for a subpopulation but ineffective for the overall population
- RCT targeting
 the overall population

Treatment being denied for the subpopulation





Adaptive experiment designs

Experiment Design	When?	Which?
RCT	Never	Only the initial population

A. Huyuk, Z. Qian, vdS, When to make & break commitments? ICLR 2023





Optimal Commitment Problem

- A new type of optimal stopping/switching problem
- Setup: Experiment with design ψ is launched:





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OCP as a reinforcement learning problem

- State $s_t = (active design \psi_t, mean outcomes \{\theta_x\}_{x \in X})$
- Transition function \mathcal{T} :

 $\psi_{t+1} =$ action $a_t \in \{\emptyset, \psi, \psi', \psi'' \dots\}$

- **Observations** $\omega_t = (\text{population } x_t, \text{ outcome } y_t)$
- Observation function \mathcal{O} :

$$x_t \sim \psi_t$$
, $y_t \sim \mathcal{N}(\theta_{x_t}, \sigma^2)$

Reward function:

$$r_{t} = -C_{\psi_{t}} + R_{\psi_{t}} \cdot \mathbb{I}\{\psi_{t} = \psi_{t-1} = \dots = \psi_{t-\tau+1}\} \cdot \rho(x_{t-\tau:t}, y_{t-\tau,t})$$

commitment until *τ*-samples collected



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success criteria

Warm-up: When to break a single commitment?

- One population/design $a_t \in \{ \text{ stop } \emptyset, \text{ continue } \psi \}$
- **Observations:** $y_t \sim \mathcal{N}(\theta, \sigma^2 = 1)$ $\mu_t = (\sum_{t \leq t} y_{tt})/t$
- Reward function:

$$r_t = -C + R \cdot \mathbb{I}\{t = \tau\} \cdot \mathbb{I}\{\mu_\tau > 0\}$$

$$\downarrow \qquad \downarrow$$

commitment until *t*-samples collected success criteria





Value function is non-convex



- POMDP solvers that rely on convex function approximators are not feasible!
- There is a *threshold* μ_t^* for stopping





Optimal solution is optimistic

• Greedy approach: Stop iff $R \cdot \mathbb{P}\{\mu_{\tau} > 0 | \mu_{t}\} - C \cdot (\tau - t) < 0$ (equivalently, $\mu_{t} < \mu_{t}^{\text{greedy}}$)







Optimal solution is *increasingly less* optimistic







Bayes-OCP

Algorithm 1

1: Initialize μ_x and σ_x^2 for all $x \in \mathcal{X}$ 2: $X \leftarrow \mathcal{X}, \quad \mathcal{D}_0 \leftarrow \emptyset$ 3: Start experiment $\psi = (\mathcal{X}, \tau, \rho)$ 4: loop: Observe x_t, y_t ; $\mathcal{D}_t \leftarrow \mathcal{D}_{t-1} \cup \{x_t, y_t\}$ 5: $1/\sigma_{x_t}^2 \leftarrow 1/\sigma_{x_t}^2 + 1$ 6: $\mu_{x_t} \leftarrow \mu_{x_t} + (y_t - \mu_{x_t})\sigma_{x_t}^2$ 7: (i) Identify a candidate subpopulation X' to replace X: $X' \leftarrow \varnothing$ 8: while $X \setminus X' \supset \emptyset$: 9: $x^* \leftarrow \operatorname{argmax}_{x \in X \setminus X'}$ 10: $\mathbb{E}_{\theta_x \sim \mathcal{N}(\mu_x, \sigma_x^2)}[\mathcal{G}^{(0)}(X' \cup \{x\}; \{\theta_x\})]$ if $\mathbb{E}_{\theta_x \sim \mathcal{N}(\mu_x, \sigma_x^2)}[\mathcal{G}^{(0)}(X' \cup \{x^*\}; \{\theta_x\})]$ 11: $> \mathbb{E}_{\theta_x \sim \mathcal{N}(\mu_x, \sigma_x^2)}[\mathcal{G}^{(0)}(X'; \{\theta_x\})]:$ $X' \leftarrow X' \cup \{x^*\}$ 12: else: break 13: (ii) Decide whether to actually replace X with X': if $\mathbb{P}_{\theta_x \sim \mathcal{N}(\mu_x, \sigma_x^2)} \{ \mathcal{G}^{(0)}(X'; \{\theta_x\}) \}$ 14: $> \mathcal{G}(X, \mathcal{D}_t; \{\theta_x\})\} > \beta:$ $X \leftarrow X', \quad \mathcal{D}_0 \leftarrow \varnothing$ 15: Start a new experiment $\psi = (X, \tau, \rho)$ 16:

Bayesian posterior

Identifying a candidate experiment
• (combinatorial search)

Comparing the candidate and ongoing experiments





ML and related techniques can address many of them

Stage 1	Stage 2	Stage 3	Stage 4		
Planning	Conduct	Analysis	Commercialization		
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Engagement sessions: Inspiration Exchange

Online engagement sessions for ML researchers in healthcare; themed presentations & Q&A



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